



Christine Reber, LMHC, CASAC  
— MENTAL HEALTH THERAPIST —

3959 North Buffalo Road, Orchard Park, NY 14127 (716) 508-7393

## Client Informed Consent for Online Counseling Services

I \_\_\_\_\_ hereby consent to engage in online counseling/teletherapy services with Christine Reber, LMHC, CASAC. I understand that online counseling/teletherapy includes consultation, treatment, transfer of medical data, emails, telephone conversations and education using interactive audio, video, or data communications. I understand that online counseling/teletherapy also involves the communication of my medical/mental information, both orally and visually.

### **I understand that I have the following rights with respect to online counseling/teletherapy:**

1. I have the right to withhold or withdraw consent at any time without affecting my right to future care or treatment.
2. The laws that protect the confidentiality of my medical information also apply to online counseling/teletherapy. As such, I understand that the information disclosed by me during the course of my therapy or consultation is generally confidential. However, there are both mandatory and permissive exceptions to confidentiality, which are discussed in detail in the **Psychotherapy Consent for Treatment** form that I will be receiving and signing along with this consent form.
3. I understand that there are risks and consequences from online counseling/teletherapy, including, but not limited to, the possibility, despite reasonable efforts on the part of Christine Reber, LMHC, CASAC, that: the transmission of my information could be disrupted or distorted by technical failures.
4. In addition, I understand that online counseling/teletherapy based services and care may not be as complete as face-to-face services. Finally, I understand that there are potential risks and benefits associated with any form of psychotherapy, and that despite my efforts and the efforts of my counselor, my condition may not be improve, and in some cases may even get worse.
5. I understand that I may benefit from online counseling/teletherapy, but that results cannot be guaranteed or assured.
6. I accept that online counseling/teletherapy does not provide emergency services. If I am experiencing an emergency situation, I understand that I can call 911; or proceed to the nearest hospital emergency room for help; or call my primary care physician or psychiatrist. If I am having suicidal thoughts or making plans to harm myself, I can call the National Suicide Prevention Lifeline at 1.800.273.TALK (8255) for free 24 hour hotline support.
7. I understand that I am responsible for (a) providing the necessary computer, telecommunications equipment and internet access for my online counseling/teletherapy sessions, (b) using [www.vsee.com](http://www.vsee.com), and (c) arranging a location with sufficient lighting and privacy that is free from distractions or intrusions for my online counseling/teletherapy session.

8. I understand that I have a right to access my medical information and copies of medical records in accordance with HIPAA privacy rules and applicable state law.

Online counseling services are reserved for clients who reside in the State of New York, and who are at least 18 years of age.

**I have read, understand and agree to the information provided above.**

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Printed Name

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Client Signature

Date